

## MUSCELLINI CLUB HOUSE

The Well-Being Clubhouse was inaugurated 10/24/1999. It started with 3 professionals who worked *ad-honorem* and 3 patients.

After 4 years, we currently have a staff of 8 professionals and, on average, about 25 to 30 patients daily. On July 15, 2003 the Day Center was inaugurated. Working hours are from 9:00 AM to 6:00 PM. Persons attending have two schedule options: half day from 9:00 AM to 1:00 PM or full day from 9:00 AM to 6:00 PM.

The Club House offers a Rehabilitation and Psycho-Social Reinsertion Program destined for persons with Affective and Non-Affective Psychotic Disorders (such as Schizophrenia and Bipolar Disorder) that includes the following workshops:

1. Radio workshop
2. Social Communication workshop
3. Art workshop
4. Cooking workshop
5. Vegetable growing workshop
6. Newspaper worksh
7. Literary workshop
8. Music workshop
9. Social Skills workshop
10. Recreation workshop
11. Video-Debate workshop
12. Cultural Agenda workshop
13. Outing workshop
14. Walks
15. Computer workshop
16. Inhabiting a home workshop
17. Corporal expression workshop
18. Theater
19. Gymnastics
20. Carpentry workshop

Persons having a profession or special ability develop these at the Clubhouse, so we have patients that coordinate the Vegetable-Growing, Literature and Computing Workshops.

An example of extension activities of the Clubhouse is its participation, together with the Navidad Foundation for 2 consecutive years, attending a stand selling Christmas cards.

Micro-enterprises have been developed such as California worms; egg-laying hens; sale of home-made jam and aromatic plants.

For three consecutive years the Club House has celebrated its anniversary with a Drawings and Paintings Show and this year, the fourth, will include Poetry Reading,

poetry produced in the Literary workshop, and a play prepared by the Corporal Expression Workshop.

For this event several institutions and family members are invited and it is an important link to the community. A Plastic Arts Jury is convened and prizes are awarded.

The Club has participated and obtained awards in Literature Contests organized by other institutions as well as in other activities organized by these other institutions.

A Theatrical Play and a Corporal Expression Show were offered with a great turnout. Several patients participated in a Drawing and Painting Contest organized by the Colonia Santa María Hospital in Punilla. Group Drives and excursions have taken place, among others to the local newspaper "La Voz del Interior", to the country to the Jesus María locality, to the Anthropology Museum, to the city of Alta Gracia, to the Industry Museum, to the La Roca Radiostation and to the Theater.

A soccer team that trains once a week has been formed.

On September 25, 2002 the Club participated in the Olympic Games for Mental Health Institutions organized by the government of the province of Cordoba.

Soccer, Ping-Pong, chess and card-playing teams participated.

On May 30, 2003 a Video-Tele-Conference with Dr. Jim Crowe from New Zealand, President of WFSAD took place in celebration of the inauguration of the new house.